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EPSOM CANINE RESCUE

Charity No. 1053092

Tel: 01883 334515

Newsletter

A heart-warming year of support

2011 saw lots of new volunteers happy to offer their time to assist with fundraising, walking the rescue dogs in kennels and cover essential admin duties including our posh 2012 newsletter!!! We really 'pushed the boat out' on the fundraising side, with back to back fixtures most weekends during the summer, in order to boost much needed funds with the increased number of dogs desperately looking to us for rescue places. At one stage, we were up to 14 dogs split between foster homes and boarding kennels, which for a small voluntary rescue is a big drain on resources, with all needing some form of veterinary attention, mainly neutering and vaccinating prior to rehoming. Many of you may have attended our Priory Park Fun Day and Dog Show last July, our first big dog show since 1999!!! Despite torrential rain and gale force gusts of wind, everyone 'soldiered on' and it was a heart-warming sight to see people still queuing to register their dogs for the various classes in the pouring rain,

determined to make the day a success for us – we managed to raise £2000 so a huge thank you to all volunteers and participants!!!! This year, we have been a bit slow off the mark to organise our events, but these kick off in June so please check the Forthcoming Events Section in this newsletter, our website and for up to the minute info, our Facebook Group Rescue page has become invaluable as it is updated daily with the latest ECR news!!! We always look forward to seeing old friends, both two and four legged for a catch-up!! Anyway, without further waffling, I will let you get on reading this latest newsletter....



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In some way You can Help



By Janine

I have always loved animals, from my first frog to the 3 Rescue dogs, 2 cats & 4 hens that my husband 'John' and I consider our family. Our first dog 'Noodle', a Border Collie, arrived almost magically, Val from Valgrays Collie Rescue turned up on our doorstep asking if by chance we could give a home to a puppy she had - the very week that we'd decided to have a dog! There he was and how had we ever lived without him. A year or so later we decided he needed a friend and Epsom Canine Rescue had little 'Lulu', a Parsons Terrier. When we saw her sitting so prettily and waggy tailed in her kennel bed we knew she was already part of the family. Then there is 'Dave', a Whippet/Terrier, and what a difference a Dave makes...we were meant to be fostering him for ECR - we failed, he stayed.

I make goodies - jams, pickles & chutneys which helps use up the gluts I have from growing veggies. John is an accomplished graphic designer but has an exceptional talent for photography and his beautiful pictures are available as greetings cards and many different sized framed prints. We sell our home produce to raise pennies to help the rescue dogs at ECR and have been putting a small fair-weather stall outside our gate for several years now. With the help of regular visits from friends buying our hen's eggs & goodies we are now over £1000 raised. We enjoy meeting our fellow volunteers at countryside days, shows & fetes and had our own stall last summer at

an ECR fundraiser. Every week we go to walk the kennel dogs & give them as much love & treating as we can squeeze into the time we have with each one. We've also been taking 'Pete', a gorgeous Collie/Kelpie out twice a week since his owner was sadly unable to walk him. Then organising walking, introductions, playdays and homechecks until the fabulous day when we went to sign his Final Adoption papers.



Last year ECR had a little Staffordshire Bull Terrier called 'Cassie' handed in - pregnant. Soon after she was settled in, she gave birth to 7 beautiful pups - all with immediate needs but also soon enough needing forever homes. We were able to help with cleaning out, feeding and even just sitting in & cuddling mum and keeping them all company when the fireworks were scary.

We collected newspapers & bought goatsmilk, we weighed little furry bodies & clipped teeny toenails, we photographed & made posters and then we fostered.

'Comet' a little light brindle and white girl all kisses and waggy tail - such a sweetie, just wants to please, and eat, and drink, and pee, and poo, and play, and sleep & give kisses. Just as we are falling for her a perfect forever home is found, the family come to see her and know she should be with them, and soon we are having last minute belly snurges and goodbyes. We have been to see her wonderful new life -

I think she knows she has hit the jackpot.

Later that day we go to collect one of her sisters, 'Gracie', white with blue patches, she is beautiful. Our 3 dogs can't believe they have yet another playmate, the cats are less enthusiastic. Training begins again and another round of socialising and adventuring to introduce her to as much as we can in these crucial early days. Again we enjoy the Staffie smiles & endless affection and before long she has a family falling for her and she's sending us messages of how well she's settling in and the many adventures she's had. She has never forgotten her boyfriend Dave though and visits regularly for playdates.

Then it's time to collect 'Mini & Scrap' the Miniature Pinschers, or 'teeny weenies'. They are amazing and so perfectly mini, like Dobermans just 10 inches high and almost as greedy. They are on our laps the moment we sit down and follow our every step, so affectionate - our faces ache from smiling. Just two days with us and the questionnaire is completed, introductions with family dogs successful, homecheck perfect, leaving pack prepped and they are on their way, complete with all their toys, bed & jumpers. Thank goodness they live close by - to stroke as they pass our gate on their walks.

And here now we have a foster family with pups, the littlest doggies I've ever seen - Bouncy Blossom, Big Baby Basil & Bashful Banjo all thriving despite their beginnings.

We prepare Rescue Dog Posters and keep a batch in the car, putting them up whenever we see an opportunity particularly in vets, pet shops and many friendly shops. At the moment I'm making dog beds from big old jumpers before the next Veggie season starts when I'll be making goodies again.

In some way You can Help

... Adopt or Foster or Sponsor or Volunteer or Donate or Educate or Network.





Volunteer Wayne raised over £700 competing in the Survival of the Fittest run dressed as Scooby Doo!

While we make use of several great foster homes now some of our dogs just aren't suitable for fostering for many reasons (they aren't cat/chicken friendly etc) and so they are boarded at kennels. Our boarding costs are part of our ongoing costs but and on top of that we always have a vet bill for each dog – vaccination, spay/neuter, microchip, dentals etc. These costs all mount and while we ask for a minimum donation of £150 this never comes close to covering the amount that an individual dog has cost the rescue to get it to a "homeable" condition. Fundraising or helping in whatever way you can is a massive help to us and there are ways that everyone can get involved.



Fundraiser Paula at an ECR tin rattling day in Epsom

CAR BOOT SALE - clear out your tat on a sunny morning – if you need a hand shout as there is usually someone around that can help

SHOP VIA -

www.easyfundraising.org.uk/epsomcaninerescue If you register on this site (for free!) and select Epsom Canine Rescue as your charity of choice every time you visit a shop via the easyfundraising site and buy something the rescue also gets a donation. It costs you nothing extra. Most companies are now available through easyfundraising – Marks and Spencer, Amazon, Play.com, even pet and car insurance companies are now on there

TIN RATTLING - we have several days a year where we do street collections – could you come and help us?

FETES - throughout the summer we attend fetes selling items and chatting to the public – could you help set up/take down/sell at one of our stalls?

Shoppers have raised £708.43 for the rescue by using the easyfundraising link and also they can now do this :

Turn every £1 donation into £1.25 with Gift Aid

If your chosen cause is a registered charity or a member of CASC, you can now claim Gift Aid on the donations you raise via easyfundraising.

Providing you are a basic rate taxpayer (20%), HMRC will add 25p to every £1 you raise which means you can really boost the amount your cause receives, without it costing you a penny more.

If you search for your cause, then click on 'more info', if you see the gift aid logo your cause is eligible to receive gift aid.

- Cause administrator
- Supporters
- Higher rate tax payers

EBAY - if you sell items on ebay you can choose for part (or all) of the money raised to come direct to the rescue

SPONSORED EVENT - sporty? If you are could you run/jump or leap out of something for the dogs?

CAKE SALES AT WORK - would your office let you make cakes to sell one day?

COLLECTING THINGS FOR US - we are always looking for blankets for the dogs. Could you keep an eye on your local Freecycle for any that may pop up (we cant use sheets, duvet covers or anything filled with feathers!)

TOMBOLA ITEMS - Tombolas are always popular at our fetes - do you have any unwanted gifts that we could use as prizes?

RAFFLES - Could you contact companies asking for items for raffles?

LEGACY - are you a secret millionaire? Maybe not but could you remember our dogs in your will?

If anyone wants to help, has other ideas or needs a hand to get something organised please contact Paula by email paulajkelly43@yahoo.com

*Thanks in advance
Paula*

Fundraising and other helpful things!

Toxic Plants



With summer coming and everyone out in their gardens, please take care with fertilisers, peat and other garden treatments.

Aconite (roots, foliage, seeds);
African violet (leaves);
Aloe vera;



Amaryllis (bulbs) = Can be fatal;
Angels' trumpets;
Angel wings = **Can be fatal;**
Apple (seeds) = Seeds contain cyanide;
Apple leaf croton;
Apricot (kernels) - Kernels contain cyanide = Can be fatal;
Arborvitae;
Arrow grasses (leaves);
Asparagus fern;
Autumn crocus;

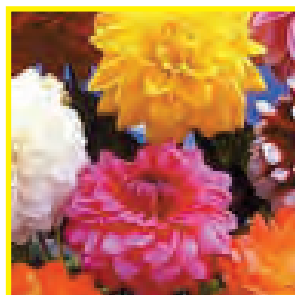


Avocado (fruit & pith) = Can be fatal;
Azalea (all parts) = Can be fatal if eaten in large quantities;
Baby's breath;
Barilla (leaves & stems);
Begonia;
Bird of paradise (seeds);
Bittersweet;
Bleeding heart (foliage, roots);
Bluebell;
Box (leaves);
Boxwood (leaves, twigs);
Bracken;
Broom;
Buckeyes (nuts & immature growths);
Burning bush;
Buttercup;

Caladium;
Calico bush;
Calla lily (leaves);
Caper Spurge;
Cardinal flower;
Castor bean (leaves and seeds) Castor bean seeds = Can be fatal;
Ceriman;
Chenille Plant;
Cherry (kernels) = Kernels contain cyanide;
Cherry laurel;
China Berry;
Chinese evergreen;
Christmas rose (leaves, roots);



Chrysanthemum (leaves & stems);
Cineraria;
Clematis;
Cocoa husks or mulch = Can be fatal if eaten in quantity;
Corn cockle (seeds);
Corn plant;
Crocus;
Croton;
Crown vetch;
Cuckoo pint;
Crowfoot;
Cycads;
Cyclamen;
Daffodil (bulbs) = Can be fatal;



Dahlia;
Daphne;
Datura;
Deadly nightshade;

Delphinium (seeds, young plants);
Devil's fig;
Dieffenbachia = Can be fatal;
Dragon tree;
Dumb cane = Can be fatal;
Dwarf morning glory;
Easter lily;
Elder (leaves, root, bark);
Elderberry;
Elephant ears = can be fatal;
English ivy (berries & leaves);



Eucalyptus;
European spindle;
False hellebore (roots, seeds, leaves);
Flannel flower;
Flax;
Foxglove (leaves, seeds);
Fritillary;
Fruit salad plant;
Garlic;
Gaultheria;
Geranium;
German ivy (berries & leaves);
German primula;
Glory lily;
Golden chain (seed capsules);
Granny's bonnets (Aquilegia);



Grapes inc. Raisins & Sultanas;
Heavenly bamboo;
Hellebores;
Heliotrope;
Hemlock;
Henbane;
Hibiscus;

Holly (berries);
Horse chestnut (nuts, leaves);
Hurricane plant (bulb);



Hyacinth (bulbs);
Hydrangea;
Iris (roots);
Ivy (entire plant);
Jack in the pulpit;
Japanese spindle;
Japanese yew;
Jessamine (berries & sap) = Can be fatal;
Jerusalem Cherry (immature growths);
Jimson weed (Thorn Apple) = Can be fatal;
Jonquil (bulb);
Juniper;
Kalanchoe;
Kale;
Kingcup;
Laburnum (leaves, seeds);
Lantana;
Larkspur (young plants & seeds);
Delphinium species = Can be fatal;
Laurel;
Lenton rose;
Leopard lily;
Leyland cypress;
Lily;
Lily of the valley (leaves, flowers, roots);
Lily of the valley bush;
Lobelia;
Locust;
Lupin (leaves, seeds);
Mallow;
Maple Tree;
Marijuana;
Marsh marigold;
May apple (apples, roots, foliage);
Meadow rue;
Mezereon;
Milkweed;
Mistletoe (berries) = a few berries can be fatal;

Monkshood;
 Morning glory (seeds, roots);
 Moroccan broom;
Mother-in-law's tongue (leaves) = Can be fatal;
 Mountain laurel;
 Naked ladies;
Narcissus = Can be fatal;
 Needlepoint ivy (berries & leaves);
 Nerine;
 Nightshades;
 Oak tree (foliage & acorns);
Oleander = Can be fatal;
 Onion;
 Paspalum (seeds);
 Pasque flower;
 Peace lily;
Peach (stones & leaves) = Contain cyanide;
 Pencil cactus;
 Peony (roots);
 Peruvian lily;
 Philodendron;
 Pineapple broom;
 Poinsettia (leaves, stems & sap);
 Poison hemlock;



Poison ivy (leaves, bark & fruit);
 Poison oak (leaves, bark & fruit);
 Poison sumac;
 Pokeroot;
 Pokeweed;
 Poppy (unripe seedpod);
 Potato (green skin & sprouts);
 Prickly poppy;
 Primrose (leaves);
 Privet (leaves);
 Ragwort = Minute doses fatal;
Raisins = Can be fatal;
 Rape;
 Red-ink plant;
Rhododendron = Can be fatal;



Rhubarb (leaves) = Can be fatal;
 Rosebay;
 Rose periwinkle;
 Rue;
Sago palm = Can be fatal;
 Savin;

Schefflera;
 Silkweed;
 Snowdrops;
 Solomon's seal;
 Spider plant;
 Spruce Tree;
 Spurge;
 Squill;
 Star-of-Bethlehem (bulbs);
 Starflower;
 St Johns Wort;
 String of pearls/beads;
 Sweet pea (stem);
 Swiss cheese plant;
 Taro vine;
 Tiger lily;
 Tobacco plant (leaves);
 Tobira;



Tomato plant (green fruit, stem & leaves);
 Tulip;
 Umbrella plant;
 Varnish tree;
 Walnut (green hull juice);
Water hemlock = Can be fatal;
 Wax tree;
 Weeping fig;



Wild cherry tree (twigs & foliage) = Can be fatal;
 Windflower;
 Wisteria (pods, seeds);
 Wolfsbane;
 Woody nightshade;
 Yarrow;
Yew (berries & foliage) = Can be fatal.

This list is only intended as a guide. We take no liability for the contents. Contact your vet immediately for advice and treatment if you think your pet has consumed any of these.

Harmful Household Substances

VPIS (Veterinary Poisons Information Service)

Anticoagulant rodenticides (difenacoum, bromadiolone, brodifalione, coumatetralyl);

Ibuprofen (Nurofen, Advil);

Metaldehyde (Slug bait);

Human oral contraceptives (very low toxicity);



Chocolate / theobromine;

Diclofenac sodium (a similar drug to Ibuprofen);

Salbutamol (Ventolin inhalers);

Alphachloralose rodenticides;

Paraquat;

Wallpaper paste (very low toxicity);

Borax / Boric acid ant killer gels;

Bonemeal;

Glyphosate based herbicides;

Asprin;

Cannabis;

Batteries;

Bendiocarb (powder ant killers);

White spirit / barbecue lighter fluid;

Antifreeze;

Loperamide (anti-diarrhoea drugs);

Bleach;

Pyrethrin-based insecticides;

Creosote;

Temazepam



THE STORY OF LENKA'S DOG AID TRIP TO SLOVAKIA

By Lenka Herufkova



It all started when I became interested in dogs and studied dog behaviour & psychology. Then I started my own dog walking business. After we lost my partner's old girl Holly I decided that the next dog would be a rescue dog, the type that would have difficulty finding a home elsewhere even if it had a handicap. Then I found Dotty, a deaf Staffie X from Epsom Canine Rescue. After a month of visiting Dotty and studying books about how to live with a deaf dog, we fostered her to see how she will get on with other dogs. Because I am dog walker my dog needed to be OK with my clients dogs. Even though Dotty can be a boisterous player she is very good with small, big or old dogs. After rescuing Dotty I got involved with Epsom Canine Rescue and I love the way they rescue and everything they do to get as many people as possible to join in or to adopted one of their dogs. I was so impressed with how this charity works I decided to do something as well to help where it is needed. As I come from the former Czechoslovakia I got involved through the internet with people who rescue animals there. Sadly the situation in Slovakia is dire and the law doesn't help people who are rescuing animals either. So I decided to do a collection of old collars, leads, blankets and everything what everyone of us who owns dog or cat have lying around the house and no longer use. These old/unused dog and cat things will help Czech and Slovakian dog shelters so much. So I did some leaflets and put them in the local Vet, pub and Deepdene Dog kennel in Ewhurst where I

also work as well as doing my dog walking. I didn't expect much help so I decided to buy some dog and cat food on my own and also my clients helped me with their unused dog and cat stuff. But the biggest help I got was from Epsom Canine Rescue. They managed to fill my van nearly to the top. When everything was ready and my van filled up I couldn't wait to start my journey.

5am I left Gomshall, my home. 7.50am I go into the Eurotunnel. Only half an hour under water and I was in France. I had a lunchbreak with my school friend in Luxemburg. After lunch I went to Germany to visit a lady that I was an aupair for years ago. She is remarried and her new place, where she lives with her new husband who is an artist, it is like the house from the movie Alice in Wonderland. It is super original and a very nice place to live. Next stop was Munich, where I slept over at a girl's home who gave me some more things for dog shelters. I do not know how I managed to fit it all into the van I had to close the door very fast to stop things falling out.

Then I went to the Czech Republic. On the Czech border I met another special man who is saving every animal you can think of - from dogs, cats, wild animals and even exotic animals. He is a very interesting man. I gave him some stuff for his animals and also for a dog shelter that he had opened many years ago and had passed onto someone else to look after. After a little lunch break I carried onto Prague. The journey through Germany was very exhausting. On the way to Prague I stopped

which rescues mostly puppies and some for a cat charity.

I woke up very early. Maja has to go to work which I didn't mind because I still had a long journey in front of me. Lunchtime I was in my Home. Quickly visit my Nana and then continue with my journey to Slovakia. I have 2 dog shelters to visit, there was no one there at the first so I decided to go to the furthest dog shelter on my list. I went to visit one old lady who has been rescuing animals her whole life and she gives her



animals everything. She lives very poorly but her dogs and cats are very well looked after. At the moment people try to raise some money for her to build at least one bedroom house with shower. At the moment this lady with such a big heart lives with no proper bathroom. I gave her some food for her dogs and everything she wanted plus some money. She was so grateful for everything. It was very emotional.

The poor girl didn't even know how to drink from a bowl.

Next sleep over was at An Palatinus' place, through her we rescued one poor dog which had spent all it's life on a chain with no water. The poor girl didn't even know how to drink from a bowl. We called her Bella, she is now with my mum and other rescue dogs. She is very happy now. I left An Palatinus some stuff for her cats. An rescues dogs but lives with her parents who sadly do not have





the same passion for her rescuing. But she will not be stopped. While I was at her place she had there a very injured dog from a dog shelter where the owner stopped looking after the dogs properly. The poor soul was ripped by a stronger dog and in very bad condition. She was left with no vet help probably to die. She will never get better without proper Vet help. 3 Vets in one clinic spent 3 hours sewing her injury. Sadly she is now blind in one eye and has brain damage. She was transported to Prague. She is in a better place now. But the law in Slovakia is not good and nobody wants to deal with this problem. Even though there is a vet report and pictures, and even reports from volunteers working in this dog shelter. But knowing An she will fight until this is sorted.

After breakfast I went to the furthest dog shelter and quickly visited another dog shelter which had got flooded, but they didn't want anything, they left it to the other dog shelter close to the Ukraine border. They knew that they would need it more. In Vranov nad Toplou I arrived at 4pm and it was getting dark, so I missed the dog walk. I gave them as much as I could and left to journey back. I took one puppy with me, which needed to go to a foster home in Bratislava. I wanted to get a little closer to middle of the Slovakia. I managed to get a place to sleep not quite in middle but better than nothing. I stayed with people who run a dog shelter as well. They were very nice and I gave them some stuff for their dogs as well.

I left early for my journey home and very much enjoyed the views of mountains. On the way home I stopped at another dog shelter and got 4 puppies for transportation. 2 puppies I dropped off in Bratislava, but one of them was sick. I couldn't tell which one. In the end we found out the one I dropped off in Bratislava got PARVO and didn't survive. For the other puppy I was meeting the lady who was fostering her at a petrol station in a little village on the way to Bratislava. And of course on the way there I found poor dog on the fast road all disorientated. I got out of the van and tried to get the dog. He got so scared and started running to the middle of the field, but luckily not too fast. The poor thing was blind and so scared he tried to bite me. But as soon as I cuddled him he froze. I put him in one of the empty cages and went to drop of the puppy. This poor dog was clearly purposely dropped by the road. There

was no village close by only fields everywhere. And if a huntsman sees a dog in a field he has got the right by law to shoot it regardless if it has a collar or not. People in Slovakia try to change this law, because Slovakia is made 80% fields. A lot of pet dogs and cats are killed by these people and nobody can do anything about it. Some people use this as a way to get rid of a unwanted dogs. There have been letters, petitions and even protests but the politicians are not interested. Maybe because 80 % of politicians in Parliament are huntsmen.

I met the girl who I was to drop off the puppy with. She was on the way to the dog shelter. It was just a little one, 3 or 4 kennels by the local police station. The police have to pick up a dog when someone reports it but then they do not care to look for a new home for the poor soul and usually the dog is PTS. But volunteers decided to do something about it and are going there every day to look after the dogs and most importantly they do their best to not let the police PTS any dog. So by accident I went there, but they couldn't take the blind dog I found because he will not survive. So I gave them some stuff and food for their dogs. The blind dog went with me home to my mum. After I got to my mums house the puppies were a little down. I left them to rest and took the blind dog to the vet for a check up plus one of my mums dogs had an injury on his leg so he went as well. In the morning I got a phone call to say that the puppy I dropped of earlier is in the vet hospital with PARVO. So I took the 5 puppies straight away to the vet and the poor blind dog as well. They all got a shot of antibiotics. Sadly 2 of them got worst and had to be on transfusions for 3 days. But they all survived, sadly the one that I dropped off earlier didn't. We put them in my dad's room with the fireplace to keep them as warm as possible. Then off I went again to visit 2 Slovakian shelters, luckily close to the border and gave them the rest of the stuff I had.

I went again to see the Vet because the 2 puppies were not getting better. But the Vet I used was so good he didn't mind when we bothered him even at 11pm. Because I had to go, the lady who is renting a room at my mum and dad's house had had experience with this PARVO so I left her money and she took some days off to look after them. After 4 days they were ready to go to their homes. On my journey back I took 2 adult dogs to Prague to foster homes. It was pretty late when I got to Prague but I did continue to the border with Germany. By the border I slept over at the man's place that I met on the beginning of my way to Slovakia. He has an animal shelter. I got there very late, had a little chat about his animal shelter and something to eat. I was so tired I fell asleep so fast I can't even remember.

I was woken at 6am. Even though I am not an early bird, I didn't mind. It was good to leave early. The journey through Germany takes forever so I had a lunch with another friend in Germany. It was lovely. She cooked like it was for an army. After lovely german breakfast then I went to Luxemburg for a lunch with my school friend. We had a little walk around and then left for France. The last day was the longest and I drove the most miles in one day. I felt quite tired and kept awake with singing in my car like crazy. Got home to my lovely bed around 9pm. Tired but very happy about this successful journey. I met a lot of very special people.



Pet-loving Lenka's new journey

November 2012

Lenka Herufkova from Gomshall, who did charitable trip through Eastern Europe to help with animal welfare, is planning another similar trip. This time she will be going at the beginning of November and would very much like any animal-lovers who could help to contact her by e-mail to lenka.herufkova@gmail.com or to phone her on **07739 136833**

Lenka needs old collars, leads, beds, towels, sheets, blankets, shampoo, flea treatments, worming tablets, cages, bowls, toys, puppy training pads, first aid kits, bandages, dog food and dog treats, or anything you no longer use for your dogs or cats that could help the animal shelters in the Czech Republic, Slovakia and Ukraine. **We wish Lenka every success with her new journey.**

Honey & Mint Stars

1 tsp dry yeast
½ cup lukewarm water
2 tbs Mint
1 tbs honey
1 egg
1½ cups wholemeal flour

In a large bowl, dissolve yeast in water. Add mint, honey & egg then gradually blend in flour until you have a stiff dough. Knead until smooth on floured surface (3-5 mins). Roll out & use star cutter. Space apart on greased baking tray. Bake at 180C for 25/30 mins.



Carrot Oaty Hearts

1 grated medium carrot
1 egg
1 cup wholemeal flour
1 cup oats

Mix all together adding just enough water to make a dough. Roll out on floured surface & use heart cutter. Space apart on greased baking tray. Bake at 200C for 20/25 mins.



DAVE'S DOG DELI

Super chef 'Dave' has decided to share some of his favourite gourmet recipes for you to try on your hungry dogs!

Beefy Hoomins

1 cup hot water
¼ cup unsalted butter
1 cup oats
¾ cup bran
2 tsp beef bouillon
½ cup milk
1 beaten egg
2½ cups wholemeal flour

In a large bowl pour hot water over butter, add oats & let stand for 5 mins. Stir in bran, bouillon, milk & egg then gradually blend in flour until you have a stiff dough. Knead until smooth on floured surface (3-5 mins). Roll out & use Gingerbread Man cutter. Space apart on greased baking tray. Bake at 200C for 25/30 mins.



Milky Terriers

1 cup hot water
¼ cup unsalted butter
½ cup milk powder
1 beaten egg
3 cups wholemeal flour

In a large bowl pour hot water over butter. Stir in powdered milk & egg. Blend in flour gradually until you have a stiff dough. Knead until smooth on floured surface (3-5 mins). Roll out & use doggie shaped cutter. Space apart on greased baking tray. Bake at 200C for 15/20 mins.



Fun Stuff

Why do men chase women they have no intention of marrying? For the same reason dogs chase cars they have no intention of driving.

How Many Dogs Does It Take To Change A Light Bulb?

GOLDEN RETRIEVER: The sun is shining, the day is young, we've got our whole lives ahead of us, and you're inside worrying about a stupid burned out bulb?

DACHSHUND: You know I can't reach that stupid lamp!

ROTTWEILER: Make me.

LAB: Oh, me, me!!!! Pleeze let me change the light bulb! Can I? Can I? Huh? Huh? Can I?

GERMAN SHEPHERD: I'll change it as soon as I've led these people from the dark, check to make sure I haven't missed any, and make just one more perimeter patrol to see that no one has tried to take advantage of the situation.

POODLE: I'll get to it when I've finished my hair and my nails are dry.

COCKER SPANIEL: Why change it? I can still pee on the carpet in the dark

IRISH WOLFHOUND: Can somebody else do it? I've got this hangover....

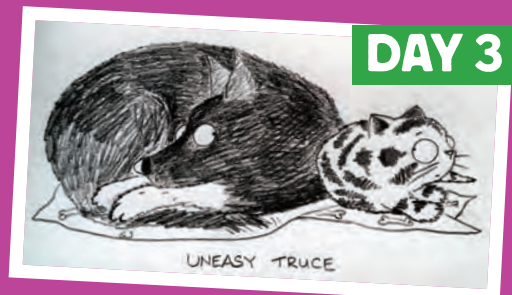
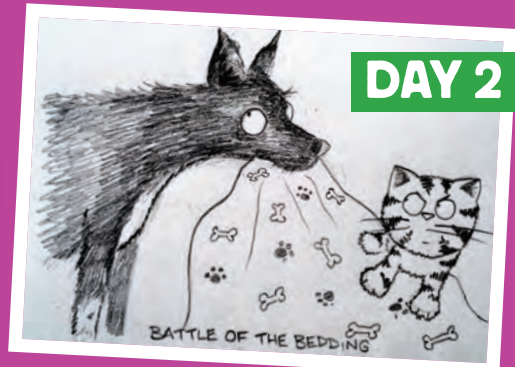
AUSTRALIAN SHEPHERD: First, I'll put all the light bulbs in a little circle.

OLD ENGLISH SHEEP DOG: Light bulb? I'm sorry, but I don't see a light bulb?

HOUD DOG: ZZZZZZZzzzzz.z.z.z..z..z...z

Perfect Pete

by Penny Craufurd



Doggie Mantras

1. If you stare at someone long enough, eventually you'll get what you want.
2. Always give people a friendly greeting - a cold nose in the crotch is most effective.
3. If it's not wet and sloppy, it's not a real kiss.
4. Women and cats will do as they please, and men and dogs should relax and get used to the idea.
5. A dog teaches a boy fidelity, perseverance, and to turn around three times before lying down
6. The reason a dog has so many friends is that he wags his tail instead of his tongue.

YOU KNOW YOU'VE BEEN DOING RESCUE TOO LONG WHEN ...
You have a mental list of people you'd like to spay, neuter or euthanize.

Q: what is the dogs favorite city?
A: New Yorkie!



Put the dates in your diary and bring your ECR dog along, we'd love to see you again!

Eve & Ticky

I adopted Ticky almost 2 years ago and I was so impressed by the friendliness and enthusiasm of the team that I tried to think of a way I could help raise funds.

I love sewing of all sorts and my house is well insulated with material I have collected over the years! I offered a few items for the summer fete last year and since then have made bags of various sorts and small quilts and cushions etc. My machine will embroider designs so some of the items have names and paw prints on them (not Ticky's).

I try to think of different things that people will buy, so if anyone has any ideas please let me know. If I am given enough notice, I will take on small commissions for a donation to Epsom Canine Rescue.

Eve and Ticky (known as Tic toc as she stops me working when it is her tea time)



Sat 23rd June - Ark Vets Birthday Fundraiser

Kingston Road, Ewell - 2pm - 4pm

Sun 24th June - Bletchingley Fete,

Bletchingley Sports Ground, A25, Bletchingley 11am onwards

Sun 15th July - Alexandra Park Jubilee Event,

Alexandra Park, Epsom - Noon - 4pm

Sat 4th Aug - Scruffs Dog Day,

The Sportsman, Mogador - noon - 5pm

Bank Hol Monday 27th Aug - Godstone Fete,

The Green, Godstone - 11am - 5pm.

Sun 9th Sept - Banstead Woods Countryside Day,

Holly Lane Carpark, Holly Lane, Banstead 11am onwards.

Sun 23rd Sept - Dog Show/Sponsored Walk

to be confirmed.

Events Diary

Keep up to date by checking our 'Events' section on our [Facebook](#) page.



Support Nina & Wayne..

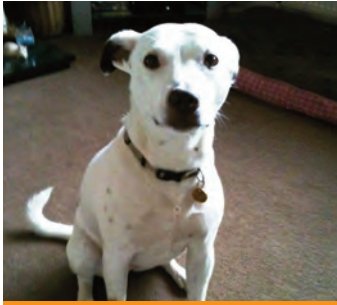
They are both taking part in The Nuts Challenge on **Sunday 2nd September** which is an army style obstacle course. One lap of the course is 7km & has 90 obstacles, natural and man made. Nina is doing one lap of the course and Wayne is doing 4 laps. Please sponsor them by visiting www.justgiving.com/Nina-Wayne-Smith



A great way for some of the rescue dogs to meet their brothers and sisters again!



All these dogs NEED OUR HELP?



Summer

Summer is pretty crossbreed bitch who is loving and a real people girlie.
Female | 7 years | Small/Med



Potter

Potter is a handsome golden crossbreed boy who is a very playful & affectionate young lad.
Male | 1 year | Med/Large



Jake

We are looking for an experienced home without other dogs for this little Parsons Terrier
Male | 2 years | Small/Medium



Shadow

A very affectionate Jack Russell girl who loves to curl up on your lap for cuddles.
Female | 2 years | Small



Sweetie

Very eager to please and is a bright little Staffie X Terrier girl.
Female | 7 months | Small



Woody

A Lab cross - whoever gives him a chance will be rewarded with a loving and loyal companion.
Male | 1 year | Med/Large



Gismo

Gismo is a lovely little chihuahua cross boy who is looking for a home with older or no children.
Male | 4 years | Small



Marley

He is an extremely loving boy full of staffie exuberance and very cuddly.
Male | 2 years | Medium



Fraser

A very friendly rough coated terrier boy who is good with other dogs
Male | approx. 5 years | Small



Ruby

A real friendly, happy staffie girl, you cannot help to fall in love at first sight!!!
Female | 5 years | Medium



Ozzy

A sweet Whippet X Terrier who needs an active & experienced terrier home without young children.
Male | 1 year 8 months | Small/Med



Cassie

She just wants to be kissed & cuddled, but needs to live as an only dog.
Female | 2 years | Small/Med

Where appropriate, all dogs under our care are neutered, vaccinated & micro-chipped prior to rehoming.
For more information & to complete our re-homing questionnaire

www.epsomcaninerescue.co.uk or call
01883-334515 or 07941-358615 for Nikki or Theresa.

Introducing your new dog to the resident cat



By Audrey

I have been rescuing cats for a number of years and have also fostered dogs of various breeds and ages and with careful integration there is no reason why the two cannot live happily together. One must bear in mind that a cat's instinct is to go up high, so a dog stairgate (taller than a child one) is a must have, placed across the bottom of the staircase, as your cat will have the ability to easily scale this and dart upstairs if he feels threatened. Therefore the idea is to leave the upstairs a dog free zone to start with and have this as an area where your cat can feel relaxed and safe. Take time in the house to give treats and get to know them before leaving your cat flap open or even a door, I tend to leave a ground floor vent type window open so the cat can use this as you must remember that a cat running will be a

target. There will be times when they will meet and this is always done under supervision and I tend to use a house line in the early days so you are able to restrain your new dog if need be. The owner must play the part of mediator, helped with both physical and verbal rewards and it will certainly take time for both to feel at ease with each other, and don't worry if your cat has disappeared upstairs and doesn't want to come down at first, believe me, they will gradually get braver as time goes on and venture down the stairs to peer through the stairgate – remember cats are very inquisitive!! Please don't give up after 48 hours because you feel sorry for your cat, they will come around!!! Pictured here are two of my rescues, who like nothing more than to play and cuddle up with each other.



THE
ECR
STORE



We stock a huge range of dog harnesses in all sizes as well as collars and leads so why not drop by the ECR stall at the next show and 'pimp up yah pooch'! And for all you rescue owners or supporters why not advertise your support to the world by wearing one of our super trendy ECR 'T shirts'?

THANKYOU to Tim Sullivan and Holly for providing merchandise in the way of t-shirts, fleeces and hoodies

Toy Stuffing & Boredom Breakers

By Theresa

Many dogs, if left to their own devices and without adequate supervision, can become destructive and noisy. Rather than correcting our dogs for poor behaviour, we should be looking to provide them with a means of occupying themselves whilst we are out, that is both mentally stimulating, and more closely mimics their natural behaviour.

Any toy that is hollow or can be filled is suitable. Kong is probably the best known brand, but as you can see, there are lots of alternatives, so you are sure to find something that suits your dog. All toys should be checked periodically for signs of wear, especially if your dog is a heavy chewer.

It is best to start simply, with something that isn't too challenging to get the food out; and whilst you are present, so that you can monitor your dog. Any dog treats or biscuits are suitable, but healthier choices are obviously better for your dog, and will avoid them becoming overweight. We like using their own food & kibble, healthy treats like Fish4Dogs, or fresh, natural foods like cooked chicken. For toys with a single opening it is also a good idea to layer the treats to really get your dog interested!

1st layer (Right at the bottom) - This should be something really tasty & ideally smelly; but you only want a small amount. e.g cooked liver, cheese or pate

2nd layer (The main part) - Small biscuits, kibble, fish4dogs etc bound with some wet dog food or wedged in really well.

3rd layer (Instant Rewards) - These need to be small tasty treat that fall out easily, to get your dog actively engaging with the toy e.g sausage, cooked chicken.

Even when you are at home, it is a good idea to feed some of your dogs meals out of a Kong or similar toy as it makes mealtimes last longer and is much more interesting for your dog. You can also try hiding or scattering your dog's dinner around the garden or house for him to find. Lawns, patios and pathways make excellent places to hide his food. Try putting some under upturned plant pots or underneath cardboard boxes. To start with, you may need to help your dog understand this new game. Make the food easy to find and use an encouraging voice and ask him to 'find it!'

The limits are really your own imagination, but good 'binding ingredients are tinned/tray type dog food, grated cheese or gravy/stock (make sure its low/no -salt!). Kongs containing cheese & kibble can be microwaved briefly (then allowed to cool) to hold everything together. They can also be frozen, as can toys filled with gravy/stock, and they make a great garden treat on a hot day, as well as taking longer to eat.

Happy Stuffing!!



WATERY WARNING

During the summer and early autumn months, lakes, ponds and reservoirs are prone to blooms of algal growth.

Although normally not a problem, excessive growth of some, such as the blue-green algae, may cause a scum to form which may be blown along shorelines.

Accumulation of these scums can present animals with a highly concentrated dose of cells and toxins, if they swim in the water or drink from the water's edge. A number of dogs have certainly met their deaths due to such poisonings. If walking your dog near lakes and reservoirs, particularly following a period of warm calm weather, look out for such scums, and heed any warning signs posted by the authorities where toxic blue-green blooms have been identified.

Play in running water such as brooks or rivers to avoid blue green algae



**pets
at home**

Come to the rescue!

For nearly 2 years Epsom Canine Rescue have been Pets at Home nominated rescue.

They have given us loads of support including a charity "bin" where members of the public can leave unwanted doggie items – toys, collars and leads, dog food etc. I empty it on average once a month and items we can't use (some cat foods etc) I pass on to Hedgehog Rescue.

We recently had a donation from Byfleet of bags full of brand new collars, leads and harnesses from the store too which means all the dogs coming into rescue can be kitted out with new rather than 2nd, 3rd or even 4th hand items they would normally get.

At Christmas the Byfleet store ran a "round to a pound" event and asked all customers if they would round up their payments to the nearest pound with us getting the extra donations. Their efforts resulted in the rescue getting a cheque for over £300!

We can do collections in store too, so if anyone could help with these please contact Paula.

Massive thanks to Stuart, Justine and all the staff at Pets at Home!

To date this year Pets at Home have raised **£1013.23** for us!



ECR's fundraiser Paula receives a cheque from Pets at Home Byfleet

Brilliant *John Burns* **BURNS**
developed by a veterinary surgeon



As a rescue we recommend Burns fish and maize as an allergy free diet full of goodness which is easily digested. It has been beneficial for skin conditions in some of our bull breeds. We are grateful to Burns for kindly donating six sacks, when our supplier let us down.



POTTER



JAKE

SPONSOR?

As a small rescue, sometimes we are approached to take dogs that may have been turned down by the bigger main stream rescue centres as they are considered difficult to rehome and need some form of rehabilitation. With support and guidance from Sandra our resident trainer and behaviourist www.dogsandownersguidanceschool.co.uk we try to offer these dogs a second chance... In some cases, they have suffered some form of mistreatment or trauma or perhaps just simply neglected, and therefore find it difficult to adjust to life in a normal home environment, needing more time to regain their trust in humans and become more socially adept. Sadly, sometimes they have just been overlooked due to their breed, age, or lack of 'cute appeal' and have not got past that first hurdle and been given the chance to win anyone over with their personalities. If you are unable to have a dog of your own, due to work, housing or social commitments, could you help by sponsoring one of these dogs ensuring that they receive regular toys, and treats that will stimulate them and make their daily lives a little more interesting whilst they continue to look for their forever home....



CASSIE

If you are interested in sponsoring one of our dogs please visit our website for more information.



MARLEY



RUBY

WHAT MOTIVATES YOUR DOG?

by **Sandra Pearson** – Dog Trainer, Instructor and Behaviour Advisor (AMACC)

A dog's behaviour is controlled by consequences. "If you do this, this happens, if you do that, another thing happens". There are two kinds of things that happen in life, good stuff and bad stuff. We are in control of the good stuff in life so we need to use this to our advantage. So consider what motivates your dog. It may include for example, going for a car journey with you, being let of the lead to run free, being allowed access to other dogs and other people, gaining access to smells on the ground, playing, exercise, food etc. As you can see, food is not the only motivator for dogs. Take control of the good things in life and never give them away for free. For example, if you are going to let your dog off lead for a free run, then ask him to perform an exercise first, such as sit. You will be rewarding the dog for sitting nicely with a free run. If your dog was jumping up and down and barking when you let him off the lead for a free run, think what you are rewarding then!!!

When using food, to avoid your dog getting fat, you should measure out the amount of food you would usually give him for free in his bowl each day, and use it to train him instead!

When initially you are teaching a new exercise at home or in a low distraction environment, you can use his kibble or a low value reward. When you are training in a distracting environment, you will need something a bit tastier! Use the dog's most valued rewards for times when you witness really good behaviour, and for when you are in a new exciting environment, such as the training classes.

Consider how motivated your dog is for something depending on the circumstances. If you have just fed your dog, how motivated is he going to be to work for food?!



Last but not least, the Thank-Yous...

As previously mentioned, lots of new volunteers came on board in 2011 to assist in all areas of the rescue, which has been a god-send as I still find myself working full-time

Firstly I would like to thank the fosterers who offer our dogs a place in their home; this is a crucial part in helping us assess a dog, how does he react to normal household noises, does he mix well with other animals and family members etc. It is also good for prospective homes to meet the dog in this type of environment and chat to foster parents to gauge suitability etc. So thank you Audrey for always being there at short notice, Theresa, Gemma, Sarah, Jan and Johnny, Nina and Wayne, Sandra and Nancy.

Next the dog walkers, who give our kennel dogs something to look forward to, so thank you Paula, Gemma, Theresa, Jan and Johnny, Vida, Alison, Nina and Wayne, and Val, Gemma, Theresa and Alyson for transport to the vets.

On the training and behaviour side, Sandra of www.dogsandownersguidanceschool.co.uk for all her ongoing advice, handouts and 121 support for any of our dogs requiring help. Penel and Laura of www.dogcommunication.co.uk for doing our dog assessments.

On the crucial fundraising side, Paula for carboots and making and selling craft items, Eve and Ticky for all those wonderful hand stitched goodies, Jan and Johnny for their stall selling Jan's scrummy preserves, eggs and Johnny's photography, Vida for egg sales, Theresa for her famous cup cakes, Alex White for various school activities, Phil Smart for her cookies, Sandra and Banstead Village Vets for their annual fundraiser, Maria for her fabulous homemade soaps, Tim and Holly for t-shirts, fleeces, cakes etc etc, Steve for setting up at most fundraisers and his Hook a Duck, Auntie Ruth for her green fingers, Auntie Audrey and mum for cakes, and El for the use of his heavy duty gazebos which saved the day at last year's show!!!

Admin wise, Theresa and Audrey for handling calls whilst I am at work, this is the most stressful part of rescue work and really on the frontline as most people expect an immediate solution to their problems. Theresa, Paula and Jamie for the website. Johnny and Jan for our fab posters, leaflets, cards and other marketing material which has really got us noticed and of course for collating this latest newsletter, and of course Nina for printing it all!!!!

General thank you's to Alyson and Morris of Dellbruck Pet Lodge www.dellbruckpetlodge.com for accommodating all of our emergencies, offering free microchipping for our dogs, and of course looking after Cassie and her babies so well. Pets at Home for their ongoing financial and merchandise donations. Bridge Vets, Smallfield Village Vets, Brockham Medivet and Waterdene for discounting their services for our dogs. Goddards Vets at Tattenham Corner for their regular donations of food and support at a number of our events. Sheila Legg-Smith and Oxshott Dog Training Club for their ongoing contributions both monetary and merchandise. All the petshops and vets that happily display our posters. Jan Bunn and Freda le Mon for ongoing donations. Jo and all at Naughty Paws for their continued support and brilliant Christmas Fundraiser 2011 which raised over £700 for us!! Ian Ferguson-Smith and Marley for their ongoing support, Tilly and family for their generous donations, Jean Runciman and Freddy for their regular donations, Phyl Thurston and Eve Beer, Jackie Ellis, Esther Bogalski, Yvonne Hughes for their regular donations. Helen at CR6 Magazine for regularly running our advert for Free. Bob for helping out with dog walking, an endless supply of tennis balls and buying goodies every week to raise funds. Cheryl from Warlingham for helping find homes for our latest little litter. A really big thank you to the following people for their ongoing monthly donations, Phillipa Mack and the Church's and new Cassie sponsor Lindsay Ford :)

Finally a huge thank you to the patient husbands whose wives suddenly have to rush off or take a phone call, namely, Steve and Mike whose tolerance levels are regularly pushed to the maximum!! Anyone else, who I have forgotten to mention....without you all we would not be able to continue!!

NIKKI

If you would like to sponsor /advertise in our future newsletters please contact nikki@epsomcaninerescue.co.uk